

Hormone Replacement Therapy (Estrogen) Complete, or HRT (E) Complete, is a powerful supplement that optimizes hormone balance by supporting estrogen therapy in both men and women.

HRT (E) Complete provides estrogen metabolism and free radical-fighting support, while bolstering the KREB or citric acid cycle, which breaks down amino and fatty acids, and plays a part in regulating the hormone-producing endocrine system. HRT (E) Complete also aids in cognitive function, supports the conversion of homocysteine, a key amino acid in cardiovascular health, and utilizes methylate to provide optimal support to those undergoing estrogen replacement therapy.



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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

INGREDIENTS

Vitamin B6. Vitamin B6 is essential to various enzymatic reactions in the body, including the production of neurotransmitters like serotonin, red blood cell formation, and immune function. It's also vital to balancing hormone levels.

Folate. Folate is the natural form of vitamin B9, and is an essential to producing red blood cells and breaking down an amino acid called homocysteine. Homocysteine can be harmful to the body at high levels, and can often be raised as the result of low estrogen levels and other hormonal imbalances.

Vitamin B12. Vitamin B12 is vital for the formation of red blood cells, cell metabolism, nerve function, and the synthesis of DNA—the molecular carriers of genetic information within cells. Supplementary B12 is important to maintaining good health during estrogen therapy.

Fenugreek Seed Extract (FenuSMART). Fenugreek is an herb often used in eastern medicine to control appetite, lower cholesterol, and address inflammation. Fenugreek has also shown promise in boosting testosterone levels and optimizing sexual function and libido in men. It may also boost estrogen levels and relieve some symptoms of menopause in women.

Diindolylmethane (DIM). Derived from cruciferous vegetables, DIM aids in maintaining hormonal balance, specifically supporting estrogen metabolism. This can also positively influence the health of the breast and prostate.

Vitamin E. A powerful antioxidant that safeguards cells against oxidative stress, promotes skin health, and contributes to a robust immune system. Vitamin E may also help to support male and female reproductive health.

Coenzyme Q10 (CoQ10). CoQ10 is an anti-inflammatory and antioxidant agent that promotes cellular energy production, supports cardiovascular health, and shields cells from damage.

Sulforaphane. Another important chemical in cruciferous vegetables, sulforaphane offers health and digestive benefits. It's known for its capacity to trigger detoxification enzymes, reinforce antioxidant defenses, and foster overall cellular health.

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ABOUT THIS FORMULATION

The combination of ingredients in HRT (E) Complete works synergistically to support the overall health of men and women undergoing estrogen replacement therapy, and to enhance the effects of hormone replacement therapy. The vitamins, minerals, antioxidants, and natural compounds included in HRT (E) Complete may bolster various aspects of well-being, including immune and cognitive function, cardiovascular health, bone health, hormonal balance, sexual health, cellular energy, and antioxidant protection. The ingredients also work together to strengthen hormone optimization overall.

Suggested use: Take 1-2 capsules daily, preferably with a meal or as directed by your healthcare professional.

Color of this product may vary due to color variations of the natural ingredients.

Warning: If you are pregnant, nursing, taking medications, or have a medical condition, consult your healthcare provider before using this product.

Store in a cool, dry place. Keep out of reach of children.

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